# Proteins

The building blocks of life

#### Hair and Nails

A protein called alphakeratin forms your hair and fingernails, and also is the major component of feathers, wool, claws, scales, horns, and hooves.

#### Blood

The hemoglobin protein carries oxygen in your blood to every part of your body.

#### Muscles

Muscle proteins called actin and myosin enable all muscular movement from blinking to breathing to rollerblading.

#### **Brain and Nerves**

lon channel proteins control brain signaling by allowing small molecules into and out of nerve cells.

### Cellular Messengers

Receptor proteins stud the outside of your cells and transmit signals to partner proteins on the inside of the cells.

### Enzymes

Enzymes in your saliva, stomach, and small intestine are proteins that help you digest food.

### Antibodies

Antibodies are proteins that help defend your body against foreign invaders, such as bacteria and viruses.

### Cellular Construction Workers

Huge clusters of proteins form molecular machines that do your cells' heavy work, such as copying genes during cell division and making new proteins.



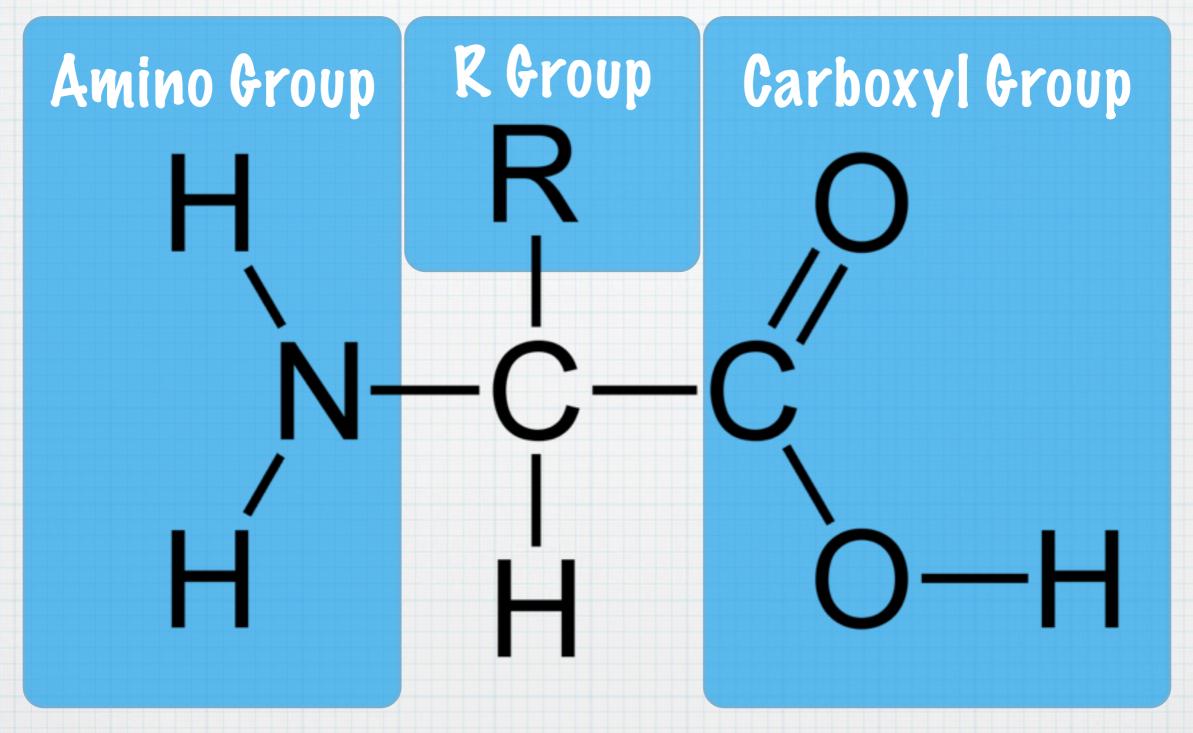
\* Monomers: Amino Acids

# Amino Acids

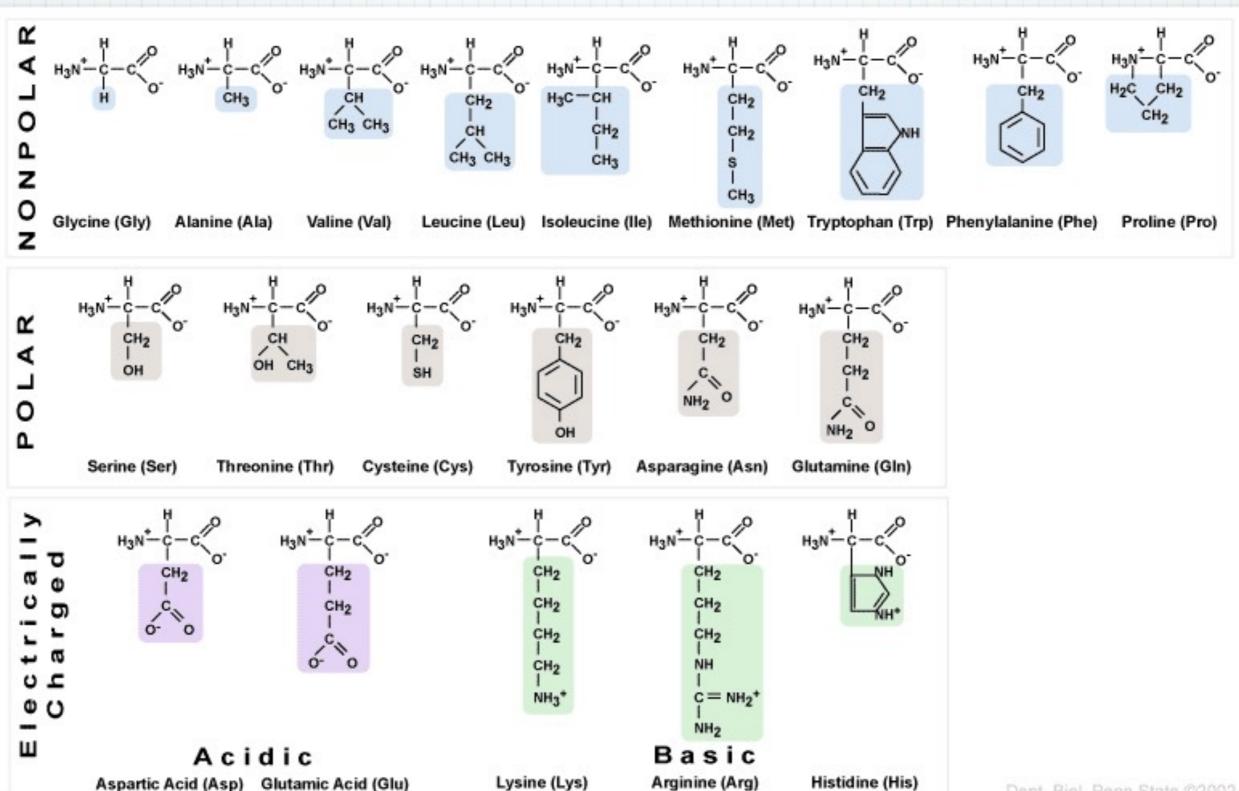
- \* There are 20 amino acids
  - \* 11 non-essential
  - \* 9 essential
    - \* Obtained from 'complete proteins'

# Amino Acids

# Amino Acids



# R-Group



Tuesday, September 19, 17

Dept. Biol, Penn State ©2002

### Structure

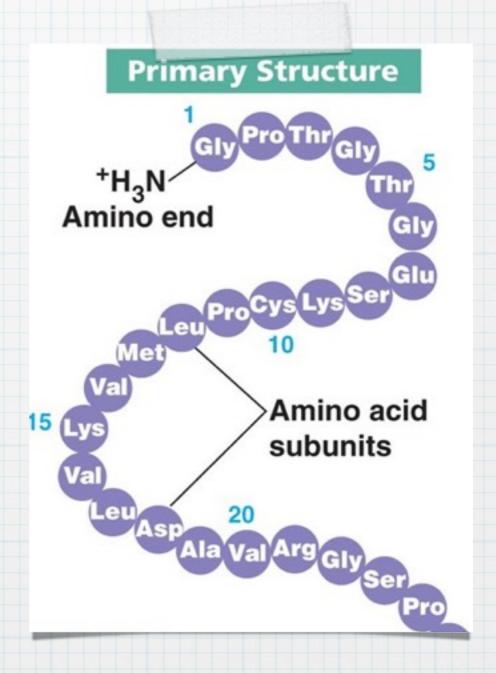
- \* Proteins are held together by peptide bonds.
  - \* Peptide: 2 amino acids
  - \* Oligopeptide: <10 amino acids
  - \* Polypeptide: >10 amino acids

# What do they do?

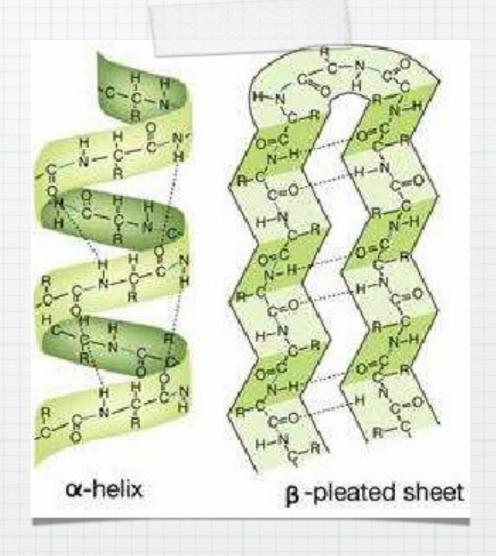
- \* Enzymes
- \* Hormones
- \* Structural Proteins (keratin collagen, elastin)
- \* Antibodies
- \* Transport Proteins
- \* Contractile Proteins (actin, myosin)

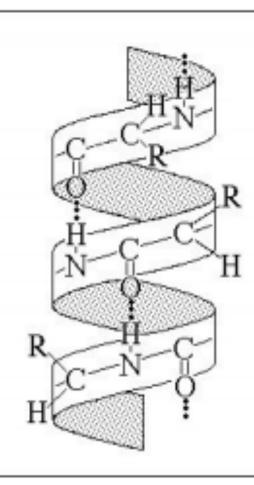
- \* There are four levels to protein structure.
- \* The shape of a protein determines it's function.

- \* Primary Structure
  - \* Pescribes the sequence of the amino acids in a chain.



- \* Secondary Structure
  - \* Coils (alpha helix) of folds (beta pleated sheets)
  - \* Occurs because of hydrogen bonding between C-O of one amino group and the N-H of another.



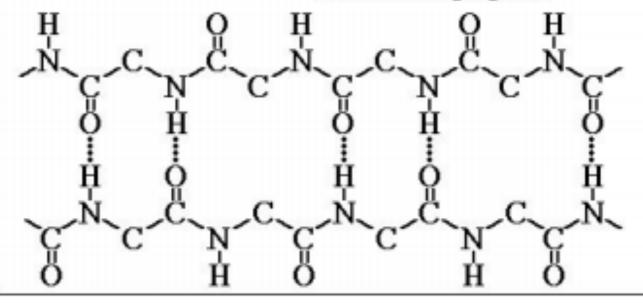


### α-helix

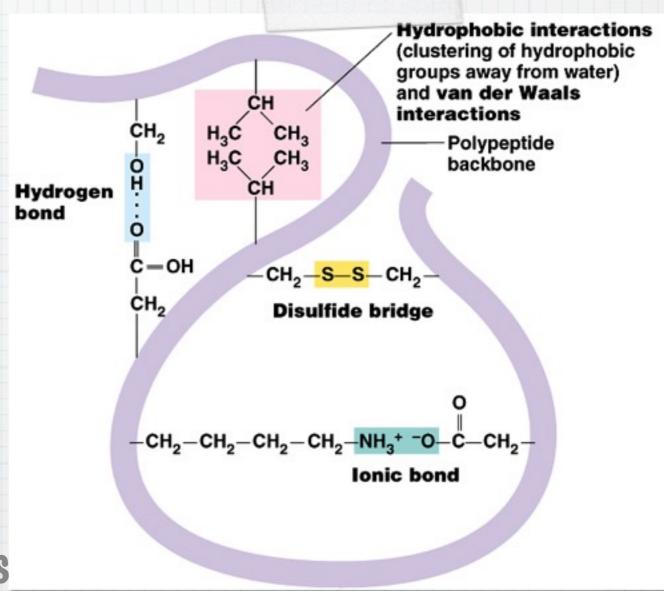
The telephone cord shape of the α-helix is held in place by Hydrogen bonds between every N-H group and the oxygen of a C=O group in the next turn of the helix, four amino acids down the chain. The typical α-helix is about 11 amino acids long.

β-sheet

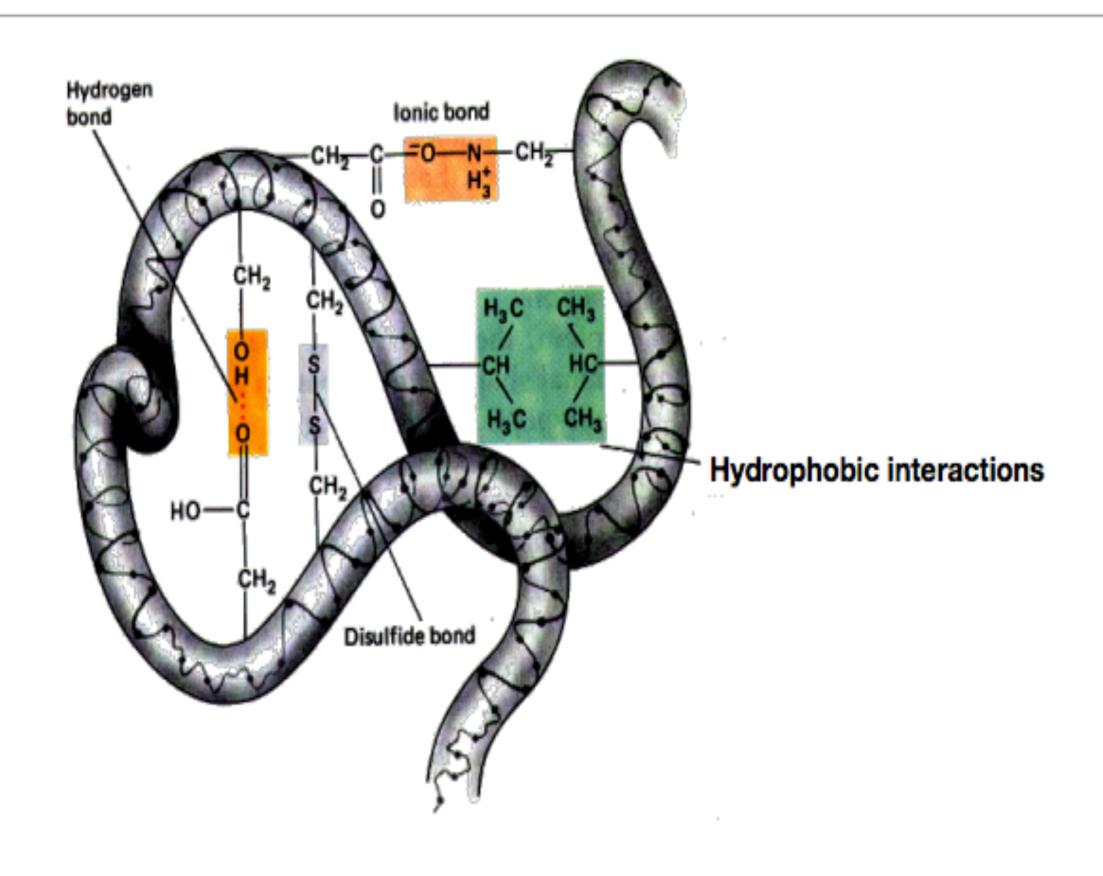
The pleated sheet structure of the β-sheet is held together by Hydrogen bonds between the amide groups of linear polypeptide chains. The average number of amino acid residues in a typical β-sheet is six with an average of six strands bonding together.



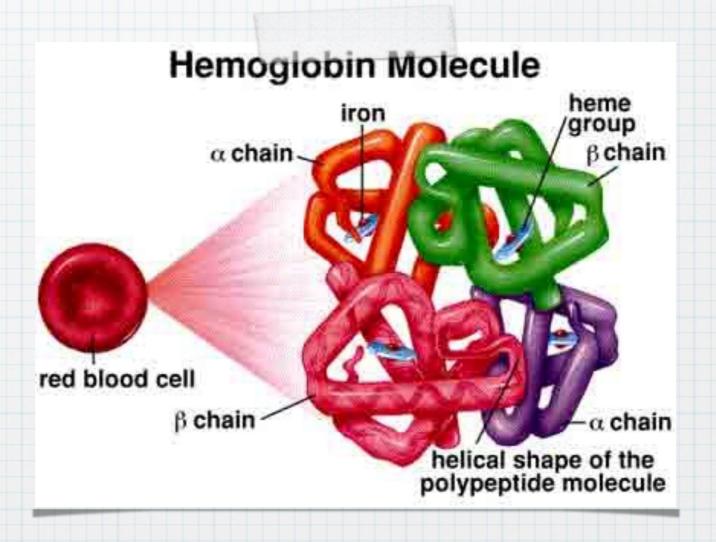
- \* Tertiary Structure
  - \* Caused by bonds between R groups.
    - \* i) hydrogen bonds
    - \* ii) ionic bonds
    - \* iii) Disulfide bridges
    - \* iv) non-polar interactions

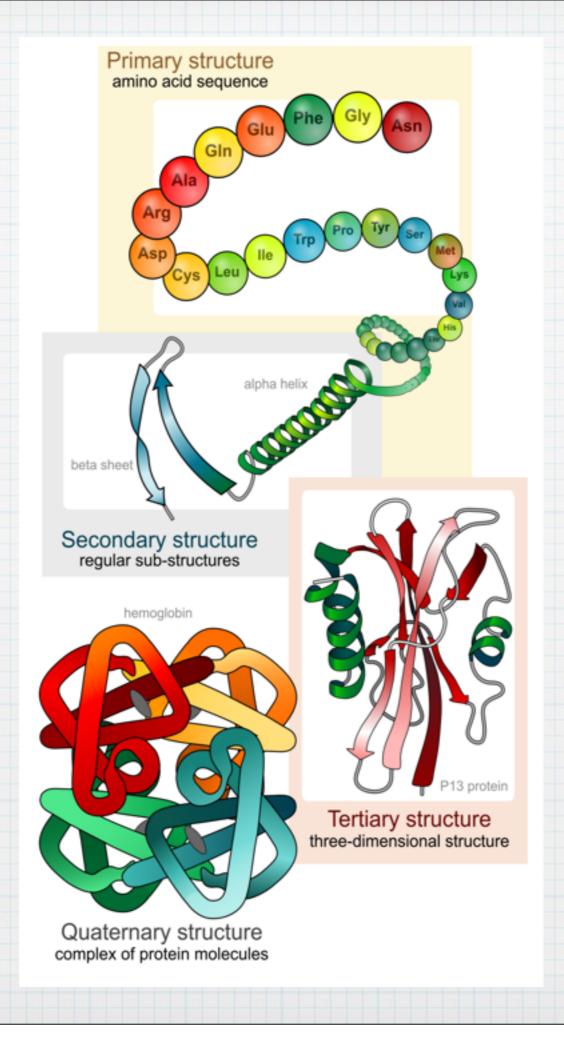


### Bonds that cause polypeptides to fold



- \* Quaternary Structure
  - \* The incorporation of more than one folded polypeptide chain.





# Structure = Function

- \* Penaturation: The loss of protein structure, this also causes loss of function.
- \* This can be caused by changing temperature or pH