

# The Effects of Aging Demographics

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# A Portrait of Canada's Seniors

- \* One in ten seniors is 85 or over
- \* Most live in a household (their own)
- \* 90% of senior homeowners have paid off their mortgages
- \* 57% live with a spouse



# Things for us to think about...

- \* Should the government provide funding to support elders in their homes or should they increase funding to institutions?



# Things for us to think about...

- \* Should the government provide funding and/or tax breaks to families who have elderly parents living with them in their home?



# Theories of Aging

- \* There are four theories of aging:
  - \* 1. Activity Theory
  - \* 2. Disengagement Theory
  - \* 3. Continuity Theory
  - \* 4. Role Theory



# Activity Theory

- \* As people age they have a decrease in life satisfaction that can be relieved by engaging in various activities.





# Disengagement Theory

- \* Individual adjustment to aging is accomplished by a natural and inevitable withdrawal from social life.





# Continuity Theory

- \* To age successfully, one must continue roles and activities of middle years.





# Role Theory

- \* Seeks to understand the adjustment of aging people to the new roles entailed in getting older.





# Abuse and Neglect of Seniors

- \* Elder Abuse
- \* The mistreatment of older people by those in a position of trust, power, or responsibility for their care. Neglect is frequently associated with abuse.
- \* Abuse may take place in the home or institution